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## *Have you heard the news?*

### Welcome Dr. Ian Leopold



Dr. Mark Leopold and Dr. Nicholas Murphy are very happy to announce the arrival of Mark's son Dr. Ian Leopold to our practice as a general dentist.

Ian grew up in San Luis Obispo and received his bachelor's degree in biology from Cal Poly. While attending school, he worked in our dental lab preparing crowns and other restorations. He returns to the practice after graduating with honors from the University of the Pacific School of Dentistry in 2010.

In addition to general and family

dentistry, Ian has a special interest in the dental surgical disciplines. He is participating in a fellowship program with the California Implant Institute in addition to other continuing education courses in the surgical specialties.

Dr. Ian Leopold will follow in family tradition, joining his father Dr. Mark Leopold and uncle Dr. Nicholas Murphy as a dentist in our San Luis Obispo practice. In his spare time he enjoys hiking, fishing, riding his motorcycle, and playing tennis.

### Open Saturdays!

Dr. Ian Leopold will begin seeing patients October 1st. Not only are we excited about having Dr. Ian join us, we are also happy to announce that we will be able to expand our hours of operation to include Saturdays!

So, if Saturday works out better for you, please don't hesitate to let us know and we will get you scheduled with Dr. Ian.

This could be the perfect opportunity for those of you with children who are now young adults and have outgrown the pediatric dental chair. It might be nice for them to build a relationship with a new dentist that can last for decades. Many of our patients have been with the practice from the very beginning which creates a relationship of trust and confidence between patient and doctor.



# Drug Addiction

	Methamphetamine	Heroin	Cocaine	Tobacco	Cannabis
Dry Mouth	✓			✓	✓
Stained Teeth		✓	✓	✓	
Tooth Loss	✓	✓	✓	✓	✓
Bone Loss	✓	✓	✓	✓	
Gum Recession	✓	✓	✓		
Mouth Sores			✓	✓	
Oral Cancer				✓	✓
Grinding/Clenching	✓	✓	✓		
Gum Disease	✓	✓	✓		
Tooth Decay	✓	✓	✓	✓	
Poor Nutrition	✓	✓	✓		

We are all aware of the many side affects drugs have on our nervous system, internal organs and psychological health. There are also devastating effects on our oral health, which in turn adds to the stress on our physical health. Listed above are the most common drugs and their affects on our oral health. Most of the drugs abused cause a person to neglect their daily oral care, such as brushing and flossing. Often a person will not eat for long periods of time or they will eat sugary foods which makes the lack of daily care that much worse. September is National Drugs and Alcohol Addiction Recovery Month. There are several drug addiction recovery centers in our county, many have web sites for you to view.

If you suspect someone is using drugs, a good reference site is [www.streetdrugs.org](http://www.streetdrugs.org). This site has excellent pictures of many different drugs and their side affects.



**Methamphetamine User's Mouth**

Answer

BREAK THE HABIT

- Phyllis Diller

A smile is a curve that sets everything straight

## Service in the Spotlight

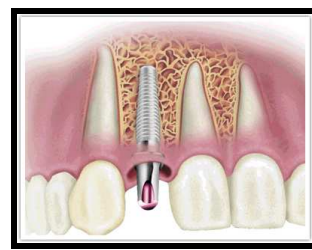
**Dental Implants.** Implants are an artificial root replacement made from titanium and other materials well suited to the human body. Implants can be used to support a single crown, larger bridges or dentures. They look like cylinders or screws and are implanted into the jawbone and gum tissue.

Dental Implants restore your ability to chew food and they help fill out your face that could otherwise look sunken due to missing teeth. Both of these functions are actually very important to your long term health. Missing teeth make it difficult to eat a well balanced diet and our jaw bone naturally becomes thin when there aren't teeth to support. Implants help retain as much bone as possible although there will still be some loss.

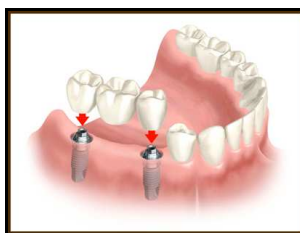
The implant process involves three steps and takes several months to complete. In the first step, your dentist surgically places the implant in the jaw bone. A screw is placed into the implant to prevent gum tissue and other debris from entering. The gum is then secured over the implant.



Titanium Dental Implant



Single Tooth Implant



Implant-Supported Bridge



Implant-Supported Denture

It will take 3-6 months for the implant to fuse to the bone. This process is called "osseointegration."

The second step is the uncovering of the implant. Your dentist will then attach a post to the implant and the gum tissue is allowed to heal around it. Once the area has healed a crown, bridge or denture can be specially made for you to match the color and shape of your natural teeth.

A good candidate for dental implants is healthy, has adequate bone to support an implant, has healthy gums and is committed to maintaining good oral hygiene.

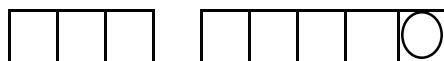
DSRUG



CAINODTID



RYD TOHMU



NEBO SOSL



HOTOT SOLS



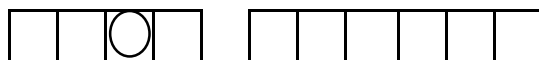
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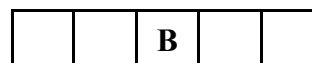
RNGIDGNI



TITNONRIU



Unscramble each of the clue words. Take the letters that appear in  boxes and unscramble them for the final message.





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LEARN MORE ON OUR:  
 WEB SITE- [WWW.SLOSMILES.COM](http://WWW.SLOSMILES.COM)  
 BLOG- [WWW.SLOSMILESINFO.COM](http://WWW.SLOSMILESINFO.COM)

## The Art of Dentistry

### Mission Statement

*Our mission is to deliver quality, comfortable dental care to you, our patient. We are committed to treating you in a respectful compassionate, and timely fashion. We will strive daily to educate you on the importance of your oral health and its implications as it relates to your body as a whole. Our goal is that when you leave our office, you will feel good about your dental experience.*

## JOINING THE ELECTRONIC AGE

We are pleased to announce that we have begun to send our newsletter electronically. If you haven't done so yet, please visit our web site and go to the "contact us" page where you can send us an e-mail with your e-mail address.

### AND...

Believe it or not, we are blogging and tweeting too! Who ever would have guessed? Please visit and/or follow us at:

[www.slosmiles.com](http://www.slosmiles.com) (web site)  
[www.slosmilesinfo.com](http://www.slosmilesinfo.com) (blog)

From our blog site you can join us on Twitter by clicking the blue T icon and follow the directions.

## All Under One Roof

Leopold, Murphy and Main DDS is much more than your General Dentist. We offer the following services and home care products:

- Cosmetic Dentistry
- Digital X-Rays
- Endodontics
- Invisalign
- Implants
- Laser Surgery
- Night Guards
- Oral Cancer Screening
- Oral Sedation
- OralDNA Lab Tests

- Periodontal Maintenance
- Sealants– Children & Adults
- Sulcular (Gum) Laser Decontamination
- Veneers
- Whitening

### Home care products:

- Oral-B Triumph
- Oxyfresh 3000 and Waterpik Ultra Oral Irrigators
- Oxyfresh Toothpaste, Rinse and Soothing Gel

- Thieves Toothpaste and Mouthwash
- TheraSol
- MI Paste and Dry Mouth Gel
- Bleach Refill Kits
- Cold and Canker sore medication
- CariFree Treatment & Maintenance Kits

